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# Comparison of Particulate Air Pollution From Different Emission Sources and Incident Dementia in the US

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**IMPORTANCE** Emerging evidence indicates that exposure to fine particulate matter ( $PM_{2.5}$ ) air pollution may increase dementia risk in older adults. Although this evidence suggests opportunities for intervention, little is known about the relative importance of  $PM_{2.5}$  from different emission sources.

**OBJECTIVE** To examine associations of long-term exposure of total and source-specific PM<sub>2.5</sub> with incident dementia in older adults.

**DESIGN, SETTING, AND PARTICIPANTS** The Environmental Predictors of Cognitive Health and Aging study used biennial survey data from January 1, 1998, to December 31, 2016, for participants in the Health and Retirement Study, which is a nationally representative, population-based cohort study in the US. The present cohort study included all participants older than 50 years who were without dementia at baseline and had available exposure, outcome, and demographic data between 1998 and 2016 (N = 27 857). Analyses were performed from January 31 to May 1, 2022.

**EXPOSURES** The 10-year mean total  $PM_{2.5}$  and  $PM_{2.5}$  from 9 emission sources at participant residences for each month during follow-up using spatiotemporal and chemical transport models.

MAIN OUTCOMES AND MEASURES The main outcome was incident dementia as classified by a validated algorithm incorporating respondent-based cognitive testing and proxy respondent reports. Adjusted hazard ratios (HRs) were estimated for incident dementia per IQR of residential PM<sub>2.5</sub> concentrations using time-varying, weighted Cox proportional hazards regression models with adjustment for the individual- and area-level risk factors.

**RESULTS** Among 27 857 participants (mean [SD] age, 61 [10] years; 15 747 [56.5%] female), 4105 (15%) developed dementia during a mean (SD) follow-up of 10.2 [5.6] years. Higher concentrations of total  $PM_{2.5}$  were associated with greater rates of incident dementia (HR, 1.08 per IQR; 95% CI, 1.01-1.17). In single pollutant models,  $PM_{2.5}$  from all sources, except dust, were associated with increased rates of dementia, with the strongest associations for agriculture, traffic, coal combustion, and wildfires. After control for  $PM_{2.5}$  from all other sources and copollutants, only  $PM_{2.5}$  from agriculture (HR, 1.13; 95% CI, 1.01-1.27) and wildfires (HR, 1.05; 95% CI, 1.02-1.08) were robustly associated with greater rates of dementia.

**CONCLUSION AND RELEVANCE** In this cohort study, higher residential PM<sub>2.5</sub> levels, especially from agriculture and wildfires, were associated with higher rates of incident dementia, providing further evidence supporting PM<sub>2.5</sub> reduction as a population-based approach to promote healthy cognitive aging. These findings also indicate that intervening on key emission sources might have value, although more research is needed to confirm these findings.

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## Supplemental content

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Corresponding Author: Boya Zhang, PhD, Department of Epidemiology, University of Michigan School of Public Health, 1415 Washington Heights, Ann Arbor, MI 48109 (zhboya@umich.edu). ine particulate matter (PM<sub>2,5</sub>) air pollution has recently been recognized as a risk factor for dementia.<sup>1,2</sup> Fine particulate matter may affect cognitive function via neuroinflammation as a result of systemic inflammation or oxidative stress following lung irritation.<sup>3,4</sup> It has also been proposed that the smallest particles, often coated with neurotoxic chemicals,<sup>5,6</sup> can enter the brain through the olfactory bulb or cross the bloodbrain barrier.<sup>7,8</sup> Unlike many other common risk factors for dementia (eg, hypertension, stroke, and diabetes), exposures to air pollution can be modified at the population level, making it a prime target for large-scale prevention efforts.

Notably, PM<sub>2.5</sub> originates from many sources in the environment, including traffic, coal-fired power plants, agricultural emissions, and wildfires. Each source can emit PM<sub>2.5</sub> with distinct physical and chemical characteristics. For example, components such as black carbon and nitrates are more common in PM<sub>2.5</sub> from traffic-related sources, whereas ammonium is often in PM<sub>2.5</sub> from agriculture.<sup>9</sup> Although variations in emission sources are hypothesized to contribute to observed differences in associations across studies of  $\rm PM_{2.5}$  and cognitive health,  $^{10}\,\rm PM_{2.5}$  is typically quantified by the total mass. As a result, it remains unknown whether PM<sub>2.5</sub> from all emission sources affects the brain similarly despite clear relevance for designing strategies to reduce PM<sub>2.5</sub> pollution. In this study, we aimed to address this knowledge gap by estimating associations between incident dementia and long-term  $PM_{2.5}$  expressed as total mass and  $PM_{2.5}$  from 9 unique emission sources in a large cohort study in the US.

# Methods

# **Study Population**

The Environmental Predictors of Cognitive Health and Aging (EPOCH) cohort study used data from the Health and Retirement Study (HRS), a nationally representative cohort of older adults in the US. Since 1992, participants have been interviewed biennially about their cognition, overall health, and health behaviors until death or loss to follow-up.11 The HRS has replenished its sample every 6 years to account for the aging of the original cohort.<sup>12</sup> All participants older than 50 years with at least 2 interviews between January 1, 1998, and December 31, 2016, were eligible for our study if they were free of dementia at their first interview during this period. For participants who were unable or unwilling to be interviewed, a proxy respondent (most often a spouse or child) completed the survey questions. These proxy interviews were intended to minimize informative loss during the follow-up period. As illustrated in eFigure 1 in Supplement 1, we excluded participants with missing exposure, outcome, or key covariates. The current study (EPOCH) and HRS were both approved by the University of Michigan Institutional Review Board. Written informed consent was obtained from all study participants. This study followed the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guideline.

## **Exposure Assessment**

We used a spatiotemporal prediction model to estimate total PM<sub>2.5</sub> at participants' residential addresses.<sup>13</sup> Briefly, this model

**Key Points** 

**Question** Are long-term exposures to particulate air pollution from different emission sources associated with incident dementia?

**Findings** In this nationally representative cohort study in the US, higher residential levels of fine particulate matter were associated with greater rates of incident dementia, especially for fine particulate matter generated by agriculture and wildfires.

Meaning These findings support the hypothesis that airborne particulate matter pollution is associated with the likelihood of developing dementia and suggest that selective interventions to reduce pollution exposure may decrease the life-long risk of dementia; however, more research is needed to confirm these relationships.

leverages (1) measurements from the Environmental Protection Agency regulatory networks and several research studies; (2) more than 300 geographic covariates characterizing nearby transportation, land cover and use, population density, emission sources, and vegetation; and (3) spatial correlations to predict concentrations for each 2-week period at any location in the US between 1999 and 2016.<sup>14</sup> Because monitoring data for  $PM_{2.5}$  before 2000 is limited, we used a simplified annual mean spatiotemporal model between 1990 and 1999.<sup>13,15</sup> To account for potential confounding by other pollutants, we also estimated coarse particulate matter ( $PM_{10}$ . 2.5), nitrogen dioxide, and ozone concentrations using similar spatiotemporal models.<sup>16,17</sup>

We derived source-specific PM2,5 concentrations by multiplying the total  $PM_{2.5}$  concentration at each address by local fractions of PM<sub>2.5</sub> attributable to each of 9 emission sources (ie, agriculture, road traffic, nonroad traffic, coal combustion for energy production, other energy production, coal combustion for industry, other industry, wildfires, and windblown dust). We provided detailed descriptions for each source in eAppendix 2 in Supplement 1. These fractions were generated at a resolution of 0.5° × 0.625° by serially running an atmospheric chemistry-transport model (GEOS-Chem) with all sources but 1 to isolate the unique contribution of that source to the total PM<sub>2.5</sub> mixture (eAppendix 1 in Supplement 1).<sup>18</sup> We evaluated all other sources as part of total PM2.5 owing to lower confidence levels in the quality of underlying emission data. Although these data were generated using data from 2017, we assume that these estimates are reliable estimates of source contributions during the past decade, because primary PM<sub>2.5</sub> emissions as reported in the National Emissions Inventory in 2017 were strongly correlated with 10-year mean emissions from 2007 to 2017 for most sources ( $R^2 = 0.76$ ) (eFigure 2 in Supplement 1) and the rank order was largely stable over time (eFigure 3 in Supplement 1).<sup>19</sup> We assigned concentrations of all pollutants during the 10-year period before each follow-up assessment using participants' residential histories.

## **Dementia Classification**

The HRS has conducted cognitive assessments biennially since 1998. For self-respondents, assessments included immediate

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and delayed word recall, serial sevens subtraction, and counting backward tests. For proxy respondents, the cognitive assessment included questions about the participant's memory and instrumental activities of daily living limitations, as well as an interviewer assessment of the participant's cognitive impairment.<sup>20</sup>

We defined dementia using the Langa-Weir algorithm,<sup>20</sup> which has calibrated the HRS responses to assessments of clinically diagnosed dementia in a substudy.<sup>21</sup> The algorithm classifies respondents as having dementia if their cognitive test scores are 6 or less of 27 points or proxy-respondent scores are 6 to 11 of 11 points.<sup>20</sup>

#### **Covariates**

Detailed information about personal characteristics was collected during all study interviews. We also used the residential location to estimate urbanicity based on the Beale Rural-Urban Continuum<sup>22</sup> and neighborhood socioeconomic status (NSES). The NSES was defined using 11 US Census variables, with higher levels indicating locations with lower SES.<sup>23</sup>

# **Statistical Analysis**

We used a time-dependent Cox proportional hazards regression model to estimate associations of total and sourcespecific PM<sub>2.5</sub> with incident dementia. Confounding by time was an important consideration, because (1) air pollution concentrations follow secular trends (eFigure 4 in Supplement 1),<sup>24</sup> (2) age is a strong determinant of dementia risk, (3) the HRS recruited from a wide range of birth cohorts, and (4) there are observed trends in dementia that may be due to causes other than air pollution.<sup>25</sup> Therefore, we used calendar dates as our time axis and further stratified our models by 2-year birth cohorts and age at recruitment. Given the stratified, multistage sample design, we applied the HRS person-level sampling weights and accounted for geographic stratification and clustering.<sup>26</sup> Finally, we verified the proportional hazards assumption for all variables in the Cox models using scaled Schoenfeld residuals.

In our primary models, we adjusted for potential confounders beyond age and time by including terms for sex, race and ethnicity (non-Hispanic Black, Hispanic, non-Hispanic White, and people of other races [ie, American Indian, Alaska Native, Asian, and Pacific Islander] for whom the sample size was insufficient to analyze individually), educational attainment (less than high school, general equivalency diploma, high school graduate, some college, and college and above), ownership of the primary residence, and total household wealth, which was adjusted by fitting natural spline with 5 df. We also adjusted for urbanicity and NSES based on participants' residential histories. We similarly incorporated a flexible set of unpenalized thin-plate regression splines with 10 df to adjust for additional potential differences in place.<sup>27,28</sup> We did not adjust for health status indicators (eg, hypertension and stroke) because these may be causal intermediates.

Our analysis first focused on single-pollutant models (model 1). Then we modeled associations of  $PM_{2.5}$  from each source adjusted for the sum of  $PM_{2.5}$  from all other sources (model 2) and other copollutants (model 3). We reported hazard ratios (HRs)

per interquartile range (IQR) to reflect differences across the observed ranges in concentrations and 1 µg/m<sup>3</sup> to reflect toxicity for a unit change. We further examined whether associations with PM<sub>2.5</sub> varied by sex, race or ethnicity, and baseline age (<75 vs ≥75 years) using interaction terms and then fitted penalized spline for each PM<sub>2.5</sub> in our single-pollutant models to account for the possible nonlinear association between PM<sub>2.5</sub> and incident dementia. With our observed HRs in model 1, we then estimated the burden of incident dementia attributable to total PM<sub>2.5</sub> for the US population in 2015 following a global burden of disease comparative risk assessment framework (eAppendix 3 in Supplement 1).<sup>29</sup> Additionally, we evaluated the sum of PM<sub>2.5</sub> from sources that have not been included as source-specific ones.

In sensitivity analyses, we examined associations using different mean exposure periods (1 year and 5 years), using dementia identified by other algorithms as outcome<sup>30</sup> and restricting our analyses to the nonmovers during the followup. Given that our assumption of temporal stability of source contribution is particularly strong for wildfires,<sup>31</sup> we additionally evaluated satellite-based estimates for wildfire-derived PM<sub>2.5</sub> from 2006 to 2016. Then we further tested our adjustment for SES by excluding or including the SES indicators in the models, including a binary indicator of agriculturerelated occupation as a surrogate for exposure to neurotoxic pesticides.<sup>32</sup> Last, to examine the impact of potential selective attrition, we computed inverse probability-of-attrition weights for each observation and accounted for these weights in our models.<sup>33</sup> Data analysis was performed from January 31 to May 1, 2022.

# Results

A total of 27 857 individuals (mean [SD] age, 61 [10] years; 15 747 [56.5%] female and 12 110 [43.5%] male; 3164 [11.4%] Hispanic, 4654 [16.7%] non-Hispanic Black, 19 249 [69.1%] non-Hispanic White, and 790 [2.8%] people of other races, including Asian, American Indian, Alaska Native, and Pacific Islander) participated in the study (**Table**). We identified 4105 incident dementia cases during the mean (SD) follow-up of 10.2 (5.6) years. Compared with those who did not develop dementia, participants with incident dementia were more likely to have a race other than White, have less formal education, have less wealth, and have higher ambient PM<sub>2.5</sub> levels at their address.

The median (IQR) 10-year total PM<sub>2.5</sub> concentration during the follow-up was 11.2 (9.5-13.2)  $\mu$ g/m<sup>3</sup>. PM<sub>2.5</sub> from agriculture, traffic, energy production, and other industry sectors varied by region, with generally higher concentrations in the Midwest and lower concentrations in the West (**Figure 1**). Fine particulate matter from wildfires and windblown dust was mainly concentrated in the West and Southwest, respectively. Relatively high correlations were observed among PM<sub>2.5</sub> from agriculture, road traffic, and nonroad traffic as well as among industry-related coal combustion and other industrial sources (Pearson r > 0.8) (eTable 1 in Supplement 1). Concentrations of PM<sub>2.5</sub> were higher for those who were older, were Table. Characteristics of the Study Population, Overall and by Incident Dementia Status During Follow-Up From 1998 to 2016<sup>a</sup>

Characteristic	All (N = 27 857)	Dementia free during follow-up (n = 23 752)	Incident dementia during follow-up (n = 4105)
Follow-up time, mean (SD), y	10.2 (5.6)	10.5 (5.6)	8.3 (5.1)
Age at baseline, mean (SD), y	61 (10)	60 (9)	68 (10)
Sex			
Female	15 747 (56.5)	13 236 (55.7)	2511 (61.2)
Male	12 110 (43.5)	10 516 (44.3)	1594 (38.8)
Race and ethnicity			
Hispanic	3164 (11.4)	2589 (10.9)	575 (14.0)
Non-Hispanic Black	4654 (16.7)	3756 (15.8)	898 (21.9)
Non-Hispanic White	19 249 (69.1)	16710 (70.4)	2539 (61.9)
Other <sup>b</sup>	790 (2.8)	697 (2.9)	93 (2.3)
Educational attainment			
Less than high school	5825 (20.9)	4045 (17.0)	1780 (43.4)
GED	1369 (4.9)	1175 (4.9)	194 (4.7)
High school	8278 (29.7)	7144 (30.1)	1134 (27.6)
Some college	6561 (23.6)	5972 (25.1)	589 (14.3)
College and above	5824 (20.9)	5416 (22.8)	408 (9.9)
Own primary residence	21 572 (77.4)	18 649 (78.5)	2923 (71.2)
Baseline total wealth without primary residence, mean (SD), \$	242 012 (1 010 704)	256 381 (1 074 788)	158 873 (490 124)
NSES, mean (SD) <sup>c</sup>	0.23 (0.92)	0.20 (0.93)	0.40 (0.88)
Urbanicity			
Urban	14 475 (52.0)	12 503 (52.6)	1972 (48.0)
Suburban	6028 (21.6)	5108 (21.5)	920 (22.4)
Exurban	6201 (22.3)	5218 (22.0)	983 (23.9)
Region			
Northeast	4631 (16.6)	3942 (16.6)	689 (16.8)
Midwest	6493 (23.3)	5595 (23.6)	898 (21.9)
South	11 203 (40.2)	9398 (39.6)	1805 (44.0)
West	5530 (19.9)	4817 (20.3)	713 (17.4)
10-Year air pollutants during follow-up, median (IQR)			
Total PM <sub>2.5</sub> , µg/m <sup>3</sup>	11.2 (9.5-13.2)	11.1 (9.4-13.1)	12.2 (10.4-14.3)
Agriculture	1.1 (0.6-1.7)	1.1 (0.6-1.7)	1.2 (0.7-1.8)
Road traffic	1.4 (1.1-1.7)	1.4 (1.1-1.7)	1.6 (1.2-1.8)
Nonroad traffic	0.4 (0.3-0.5)	0.4 (0.2-0.5)	0.4 (0.3-0.6)
Energy generation (coal)	0.8 (0.5-1.1)	0.8 (0.5-1.1)	0.9 (0.6-1.2)
Energy generation (other)	0.6 (0.4-0.7)	0.5 (0.4-0.7)	0.6 (0.5-0.7)
Industry (coal)	0.2 (0.2-0.3)	0.2 (0.2-0.3)	0.2 (0.2-0.3)
Industry (other)	0.9 (0.7-1.2)	0.9 (0.7-1.2)	1.0 (0.8-1.3)
Wildfires	1.0 (0.7-1.3)	1.0 (0.7-1.3)	1.1 (0.8-1.4)
Windblown dust	0.1 (0.0-0.1)	0.1 (0.0-0.1)	0.1 (0.0-0.2)
Coarse PM, µg/m <sup>3</sup>	8.9 (6.8-11.6)	8.9 (6.8-11.6)	9.0 (6.8-11.6)
Nitrogen dioxide, ppb	9.0 (6.0-13.7)	8.9 (5.9-13.5)	10.2 (6.7-15.6)
Ozone, ppb	27.0 (24.8-28.6)	27.1 (24.9-28.7)	26.6 (24.1-28.3)

Abbreviations NSES, neighborhood socioeconomic status; PM<sub>2.5</sub>, fine particulate matter; ppb, parts per billion.

- <sup>b</sup> Other includes American Indian, Alaska Native, Asian, and Pacific Islander.
- <sup>c</sup> The 11 variables used to derive the NSES included (1) income-related variables (ie, median household income, the percentage of households living under the poverty level, the percentage of households receiving public assistance, and the percentage of single-parent families), (2) wealth-related variables (ie, the percentage of households that own their home, the percentage of households that receive interest, dividend, or rental income, and the median value of owner-occupied homes). (3) education-related variables (ie, the percentage of persons with at least a high school degree and the percentage with at least a bachelor's degree), and (4) occupation-related variables (ie, the percentage unemployed and the percentage with a nonmanagerial occupation).

non-Hispanic Black, had less formal education, and had less wealth except for  $PM_{2.5}$  from wildfires and windblown dust (eTable 2 in Supplement 1).

# Associations of PM<sub>2.5</sub> With Dementia

In single-pollutant models, we observed an 8% (HR, 1.08 per IQR; 95% CI, 1.01-1.17) increase in the hazard rates of incident

dementia per IQR of total PM<sub>2.5</sub> averaged during the previous 10 years (**Figure 2**). Dementia HRs for IQRs of PM<sub>2.5</sub> from the 9 sources ranged from 1.00 (95% CI, 0.99-1.01) for windblown dust to 1.17 (95% CI, 1.05-1.30) for agriculture (Figure 2). The largest HRs per IQR ( $\geq$ 1.1) were for PM<sub>2.5</sub> from agriculture, road traffic, and nonroad traffic, whereas HRs were modest (HRs of approximately 1.05) for PM<sub>2.5</sub> from wildfires and

<sup>&</sup>lt;sup>a</sup> Data are reported as number (percentage) of study participants unless otherwise indicated.



coal combustion for energy production and industry. We observed weak, imprecise, or no associations for PM2.5 from noncoal energy production and industry as well as windblown dust. For a  $1-\mu g/m^3$  scalar (eTable 3 in Supplement 1), the HRs for PM<sub>2.5</sub> were largest for coal combustion for industry and traffic sources followed by agriculture, energy production, and wildfires.

In models adjusted for all other PM<sub>2.5</sub> and copollutants, our findings remained qualitatively similar for PM<sub>2.5</sub> from agriculture, road traffic, nonroad traffic, coal combustion for energy production, and wildfires, although the magnitudes of the associations were generally weaker or less precise than single-pollutant models (Figure 2). After adjustment for other pollutants, only the association with PM<sub>2.5</sub> from agriculture (HR, 1.13; 95% CI, 1.01-1.27) and fires (HR, 1.05; 95% CI, 1.02-1.08) remained strong and statistically different from no association. We did not observe any significant association of incident dementia with the sum of PM<sub>2.5</sub> from sources that have not been included as source-specific ones. For pollutants other than  $PM_{2.5}$  (eFigure 5 in Supplement 1), we found evidence of positive associations of PM<sub>10-2.5</sub> and nitrogen dioxide in single-pollutant models, although these associations were imprecise and could not be distinguished from no association.

188 000 new cases per year of dementia were attributable to

total  $PM_{2.5}$  exposure in the US if these associations were causal. We did not find strong evidence of effect modification of the observed associations, although associations were generally stronger among men, non-Hispanic White people, and those younger than 75 years at our baseline examination (eFigures 6-8 in Supplement 1).

In sensitivity analyses, we observed nearly linear associations for PM<sub>2.5</sub> emitted from agriculture, road traffic, nonroad traffic, industry coal, and wildfires, except for low or rarely occurring concentrations (eFigure 9 in Supplement 1). We also found that the associations were relatively robust to the use of different exposure periods, although slightly larger and/or more precise for the primary 10-year mean period (eTable 4 in Supplement 1), use of different algorithms to classify dementia, adjustment for NSES indicators (eTable 5 in Supplement 1), and use of the inverse probability-of-attrition weights. In addition, associations remained robust when we restricted our analyses to nonmovers (eTable 6 in Supplement 1). Moreover, the associations with time-varying PM2.5 from wildfires were similarly consistent with our main analysis (eTable 7 in Supplement 1).

# Discussion

In our secondary analyses, we estimated that nearly

In this nationally representative cohort study in the US, we found that higher long-term exposure to total  $PM_{2.5}$  was asFigure 2. Hazard Ratios (95% CIs) of Incident Dementia in the Health and Retirement Study (1998-2016) Associated With Interquartile Differences in 10-Year Mean Concentrations of Source-Specific Fine Particulate Matter (PM<sub>2.5</sub>) in Single Pollutant and Multipollutant Models

Source (IOR)	HR (95% CI)				
Total PM <sub>2</sub> r (9 5-13 2)	(55)5 (1)				
Model 1	1 08 (1 01-1 17)		<b>.</b>		
Model 3	1 12 (1 02-1 24)	_			
Agriculture (0.6-1.7)	1.12 (1.02 1.2.1)				
Model 1	1.17(1.05-1.30)				
Model 2	1.17 (1.05-1.30)			_	
Model 2	1.13 (1.01-1.27)		_		
Boad traffic (1 1 1 7)	1.12 (0.96-1.27)				
Rodu traffic (1.1-1.7)	1 11 /1 01 1 22				
Model 1	1.11 (1.01-1.23)				
Model 2	1.06 (0.94-1.19)				
Model 3	1.03 (0.91-1.17)				
Nonroad traffic (0.3-0.5)	)				
Model 1	1.14 (1.00-1.32)		•		
Model 2	1.07 (0.92-1.26)		*		
Model 3	1.07 (0.91-1.25)				
Energy coal (0.5-1.1)					
Model 1	1.05 (0.96-1.14)				
Model 2	1.03 (0.94-1.12)				
Model 3	1.02 (0.93-1.11)				
Energy other (0.4-0.7)					
Model 1	1.02 (0.93-1.11)				
Model 2	0.96 (0.87-1.06)	< ▲			
Model 3	0.95 (0.86-1.05)	←			
Industry coal (0.2-0.3)					
Model 1	1.05 (1.00-1.10)	-			
Model 2	1.00 (0.93-1.07)		_		
Model 3	1.01 (0.94-1.08)		_		
Industry other (0.7-1.2)					
Model 1	1.01 (0.97-1.05)	-			
Model 2	0.97 (0.93-1.00)	<u>+</u>			
Model 3	0.97 (0.93-1.02)				
Wildfires (0.7-1.3)					
Model 1	1.04 (1.01-1.07)	-	-		
Model 2	1.05 (1.02-1.08)		_		
Model 3	1.05 (1.02-1.08)	_	_		
Windblown dust (0.0-0.1	)				
Model 1	1 00 (0 00-1 01)				
Model 2	1 00 (1 00 1 01)	I			
Model 2	1.00(1.00-1.01)	1			
would S	1.00 (0.99-1.01)				
		0.9	1.1	1.3	1.5
			HR (95%	CI)	

The IQRs for each total and source-specific PM<sub>2.5</sub> with concentrations are given in parentheses in micrograms per cubic meter. Model 1 is the single-pollutant model, stratified by 2-year birth cohorts and 2-year age at baseline and adjusted for sex, race, educational attainment, ownership of the primary residence, total household wealth, urbanicity, neighborhood socioeconomic status, and a flexible set of unpenalized thin-plate regression splines with 10 *df*. Model 2 is model 1 plus other PM<sub>2.5</sub>. Model 3 is model 2 plus coarse PM, nitrogen dioxide, and ozone.

sociated with a greater risk of incident dementia. The strength of the observed associations differed across emission sources, with the strongest and most robust associations for  $PM_{2.5}$  from agriculture and wildfires. Road traffic, nonroad traffic, and coal combustion for energy and industry were also associated with incident dementia, although these results were sensitive to ad-

justment for  $PM_{2.5}$  from other sources. According to our estimation, nearly 188 000 new cases per year of dementia were attributable to total  $PM_{2.5}$  exposure in the US, suggesting that reducing  $PM_{2.5}$  through actions such as regulations, technological advances, or use of personal air purifiers may promote healthy cognitive aging. Our data further indicate that intervening on key emission sources might have value, although we cannot conclude causality, and more research is needed to confirm these findings.

Overall, our findings agree with the accumulated evidence on the association between total  $PM_{2.5}$  and incident dementia.<sup>34-36</sup> When results were scaled to  $1 \mu g/m^3$ , we observed a 2% increased rate of dementia for total  $PM_{2.5}$ , which is consistent with the overall HR of dementia reported by a recently published meta-analysis among 51 studies identified from 2080 records.<sup>37</sup> Our results are also comparable with 2 other studies of national cohorts in the US,<sup>34,36</sup> including 1 of more than 12 million US Medicare beneficiaries (aged  $\geq 65$  years).<sup>36</sup> This finding is particularly notable given that our individual-level exposure estimates and standardized dementia classifications should have less measurement error than the zip code-level exposure estimates and administrative outcomes used in the Medicare beneficiaries study.

This study extends the literature by newly examining associations of incident dementia with PM2.5 from key emission sources rather than just total  $PM_{2.5}$  mass. Despite the clear implications for pollution reduction policies, to our knowledge, only 1 other study has investigated the association of PM<sub>2.5</sub> from individual emission sources with dementia.<sup>38</sup> That investigation focused on PM<sub>2.5</sub> from traffic and residential wood burning in a Swedish cohort. As with our single-pollutant models, they found that higher  $PM_{2.5}$  concentrations from both sources were associated with increased hazards of dementia. However, that study did not test whether the findings were robust to the adjustment of other PM2.5, whereas we found blunt associations with traffic-related PM<sub>2.5</sub> and nitrogen dioxide, a marker of traffic. The association for wildfires was stronger in the Swedish cohort than what we observed. This finding may not be surprising, however, because personal exposures to residential wood burning are more proximal than smoke from wildfires in the outdoor environment. Interestingly, although the Medicare cohort study<sup>39</sup> did not evaluate PM<sub>2.5</sub> from agriculture specifically, it did report evidence for an association of ammonium with dementia, which could reflect emissions from agriculture. That study also reported a robust association with dementia for sulfate, an indicator for PM2.5 from fossil fuel combustion. Although our findings did not support this link, a handful of studies9,40,41 found associations of cardiovascular diseaserelated outcomes with coal-generated PM<sub>2.5</sub> and PM<sub>2.5</sub> metals. Even though we observed more variability in emissions from energy production over time compared with most other sources, we do not suspect that this is the sole cause of our null association given the high correlation ( $R^2 = 0.76$ ) between 2017 estimates and the 10-year mean.

In this cohort, PM<sub>2.5</sub> from agriculture and wildfires was most strongly and robustly associated with dementia when scaled to an IQR, which considers both the hazards and range of concentrations observed across the cohort. Agriculture is a notable source of the PM<sub>2.5</sub> precursor, ammonia, which accounts for the formation of 30% of  $PM_{2.5}$  in the US.<sup>42</sup> The common application of neurotoxic pesticides or herbicides in agriculture<sup>43-45</sup> could also plausibly explain observed associations between PM2.5 from agriculture and dementia. Similarly, in addition to producing high levels of PM<sub>2.5</sub>, wildfires release components that are likely to be highly toxic because they incinerate natural and synthetic materials in an uncontrolled manner. Furthermore, although individual wildfires may be short-lived, they have become more frequent and destructive in the past decades because of warmer temperatures, earlier spring snowmelt, and longer fire seasons.<sup>46</sup> Additionally, although the precise locational origin of wildfires may vary, the long-range smoke from wildfires frequently impacts the same downwind locations, resulting in wildfire smoke becoming a more long-term presence; many US cities now experience more than 30 days affected by smoke each year.<sup>47</sup> Wildfires have been estimated to contribute up to 25% of the annual mean PM<sub>2.5</sub> across the US and up to 50% in some Western regions.<sup>48,49</sup> Despite reported adverse associations with cardiovascular diseases, mental health disorders, and allcause mortality,<sup>50-54</sup> little is known of the effects of wildfire smoke on the brain, although 1 study observed associations between short-term levels of wildfire-related PM2 5 and decreased cognitive functioning using game app data.<sup>55</sup> Additionally, because rural participants may breathe more PM<sub>2.5</sub> emitted from agriculture and wildfires, our observed associations with agriculture and wildfires may provide a possible explanation for the persistent rural-urban disparities previously observed in dementia risk among HRS participants.<sup>56</sup>

Our finding that the association with  $PM_{2.5}$  from road traffic was sensitive to adjustment for  $PM_{2.5}$  from other sources was interesting considering that traffic-related air pollution has been consistently linked to adverse health.<sup>57-59</sup> One possible explanation is that the low spatial resolution of our source data only captures regional traffic emissions rather than highly localized gradients.<sup>60</sup> If fresh rather than aged traffic particles are more important, then our models would not capture those influences. Notably, however, the association with nitrogen dioxide predicted with the fine-scale resolution was also blunted by the adjustment of total  $PM_{2.5}$ .

## **Strengths and Limitations**

One important strength of this work is our investigation of  $PM_{2.5}$  from both traditionally recognized and more novel sources, including agriculture and wildfires. In addition, instead of using chemical components as tracers for specific sources, <sup>39,61,62</sup> which can often have a lack of specificity, we isolated source-specific PM<sub>2.5</sub> by removing each source individually from a chemical-transport dispersion model. This approach is beneficial because it accounts for both the primary and secondary pollutants that would be generated by that source. Other

strengths of this work include the nationally representative cohort that used validated and standardized methods to assess dementia status during 18 years of follow-up. This approach captures populations from rural and urban areas and reduces potential differential misclassification due to detection bias.<sup>63</sup> Similarly, the use of proxy respondents and survey weights minimizes selection bias due to attrition. Finally, we had detailed individual and area-level information on other risk factors for dementia, including key copollutants, that could confound our associations.

Despite these advantages, our study has some limitations. First, different from our fine estimates of the total PM<sub>2.5</sub> from the spatiotemporal model, the temporal resolution of the PM<sub>2.5</sub> source contributions derived from the GEOS-Chem model was relatively crude, so we had to assume stability across the duration of our study period. Notably, however, we verified that there was high temporal stability of source contributions during the past decade even for less predictable sources (eg, wildfires). Our findings for wildfires were robust to the use of time-varying data. Second, the crude spatial resolution of our emissions data also prevented us from capturing the impacts of highly localized sources (eg, traffic), although our findings for traffic were consistent with those for nitrogen dioxide, a marker of traffic that was estimated at the individual level. Third, the relatively high correlations among different sources raise the possibility that differential measurement error may interfere with our ability to confidently disentangle the effects of single sources. As with all observational studies, we cannot completely rule out the possibility that our observed associations are attributable to unmeasured confounding or selection bias. However, our findings were robust to adjustment of a variety of known NSES indicators across individual and area levels (eTable 5 in Supplement 1). Our results could also be underestimated by "healthy survivor" bias because those with comorbidities associated with both air pollution and dementia may be more likely to be lost to follow-up. The use of proxies and sampling weights should minimize this bias, although larger associations found for younger participants could indicate this healthy selection bias among the older study participants as has also been seen in previous studies.36,64

# Conclusions

With the rapid aging of the global population and marked increases in the mean life expectancy around the world, the prevention of dementia has become increasingly important. Our cohort study suggests that reducing  $PM_{2.5}$  and perhaps selectively targeting certain sources for policy interventions might be effective strategies to reduce the burden of dementia at the population level, although more research is needed to confirm our findings.

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